



Cobb County...Expect the Best!

COBB SENIOR SERVICES (CSS) SENIOR WELLNESS CENTER FACT SHEET

Located in the former Powder Springs Station shopping center in Marietta, this 42,000 square foot facility is the first of its caliber in the area and is greatly anticipated not only by seniors, but also by homeowners and businesses that look to the Government Campus to revitalize the community. Already, plans are underway to construct a new grocery-only Walmart Market directly across the street, which is predicted to provide 80-100 new jobs. In addition to the new Wellness Center, the facility will house the existing Marietta Neighborhood Senior Center, the CSS Administrative Offices and support services staff.

- The new facility includes renovations qualifying for LEED (Leadership in Energy and Environment Designs) certification which will result in a lower cost operation than the current antiquated building on Fairground Street. Highlights include: high efficiency HVAC system; 46% reduction in electrical costs to a comparable building; high efficiency light fixtures; added insulation; improved bus/pedestrian access; water efficient plumbing fixtures; 28% reduction in water usage to a comparable building.
- Marietta Neighborhood Senior Center will move from the existing building with current furnishings, equipment, staff and budget. The average attendance is 35-45 clients per day. This Center has been in operation for over 30 years and is supported by annual Federal grants of approximately \$80,717.00 as well as client donations of over \$7,000 per year, all of which pay for the Program Leader, part-time assistant and a large portion of the operational supplies. Plans are underway to increase the client donation amount and, if approved by the BOC, this revenue is expected to double.
- The grant supported *Meals on Wheels* (MoW) operation that feeds approximately 225 homebound seniors daily will move into a state-of-the-art commercial kitchen operated by a contracted food service vendor. This long anticipated on-site kitchen will be a first for Cobb County. Staff will provide freshly cooked meals for the MoW program and the three Neighborhood Senior Centers. As part of their contract, kitchen staff will serve continental breakfast and a daily lunch in a relaxed and inviting Café setting. These nutritionally sound meals will be available for purchase at a discount rate by seniors attending the Wellness Center. The vendor is obligated to pay 20% of the gross receipts from the Café to Cobb County on a monthly basis.
- A Teaching Kitchen will offer fee based classes on healthy cooking for seniors and special classes for those suffering from illnesses such as diabetes, high blood pressure and heart disease.
- A Dinner Theater with a stage will offer fee-based special events and performing arts.
- An Art Studio, Fitness Studio and Weight Room will offer many exciting hours of continued wellness benefits to senior adults.
- A non-profit Clinic will provide services not reimbursable by Medicare or Medicaid such as vision exams, hearing assessments and foot disease prevention. The health services provider will supply all equipment, staff and operational support for the Clinic.
- The Administrative Offices, including all support service staff, will move from the existing building with current furnishings, equipment, staff and budget.
- Funding for the construction of the Wellness Center is provided by Federal funds.
- Furnishings will be provided through fundraising efforts, which include Naming Rights.

Watch for progress on this initiative at www.cobbseiors.org